

Draft - Supporting Information and Impact Assessment

Proposal:	Health Checks
Executive Lead:	Councillor Derek Mills
Director / Assistant Director:	Caroline Dimond

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Section 1: Background Information

1.	<p>What is the proposal / issue?</p> <p>This proposal is to reduce the Public Health budget by £5,000 in 2017/18 for Health Checks which are carried out by GPs. The budget s dependent on the number of people who take up the offer of a health check.</p> <p>For 2018/19, it is proposed that the provision is significantly reduced by a further £70,000.</p> <p>The proposed budget for 2017/18 is £85,000.</p>
2.	<p>What is the current situation?</p> <p>As the population gets older, there is a higher risk of developing health conditions such as high blood pressure, heart disease or type 2 diabetes.</p> <p>The NHS Health Check is branded as the chance for adults in England aged 40-74 without a pre-existing condition, to get a 'free midlife MOT'. Its role is to check circulatory and vascular health and what the risk is of a person getting a disabling vascular disease.</p> <p>Currently, the local authority is required to offer a health check to the eligible population (approximately 40,000 people over 5 years). Most GP practices are signed up to this and delivering health checks across Torbay. A proactive outreach service is also commissioned to pick-up those practices that do not provide the service, as well as targeting particular groups (mental health, hospitality and manual workers and fishermen; shift workers and hard to reach groups) who are much less likely to engage but are more likely to have health issues.</p> <p>Current uptake in 2016/17 is 61.6% of the eligible population and the average over the 4 years the programme has been running it is 47.8%.</p> <p>While the provision of Health Checks is based on NICE (National Institute for Health and Care Excellence) recommendations, the evidence for their success in improving health outcomes is not robust and has been challenged.</p> <p>Other areas have already paused the provision of Health Checks.</p>

<p>3.</p>	<p>What options have been considered?</p> <p>There are a number of different potential mechanisms for making the small saving in 2017/18:</p> <ul style="list-style-type: none"> • Restrict the targeted offer to a more defined population • Recommend that GP practices limit the number of Health Checks offered, which in turn will reduce the attendance and therefore costs • Propose an annual 'cap' for number of Health Checks provided by each GP practice over which we no longer fund. This can be targeted so that caps are greater in areas of highest estimated need. <p>For 2018/19, the options which could be considered are:</p> <ul style="list-style-type: none"> • Restrict the provision to maintain a targeted service only (not offering the provision to the entire eligible population) • Maintain an offer to the entire eligible population, but reduce any proactive follow-up work to encourage and ensure attendance, with the expectation that uptake is reduced (risk that attendance is not affected to level required to find efficiencies). <p>It is proposed that these, and any other options, are considered as part of the consultation process.</p>
<p>4.</p>	<p>How does this proposal support the ambitions, principles and delivery of the Corporate Plan 2015-19?</p> <p>This proposal supports the following principle of the Corporate Plan:</p> <ul style="list-style-type: none"> • Use reducing resources to the best effect.
<p>5.</p>	<p>Who will be affected by this proposal and who do you need to consult with?</p> <p>There is the potential for the following to be affected by this proposal:</p> <ul style="list-style-type: none"> • Service users • The general population • Healthwatch • Torbay and South Devon NHS Foundation Trust (as a partner and service provider) • South Devon and Torbay Clinical Commissioning Group (CCG) • GP's
<p>6.</p>	<p>How will you propose to consult?</p> <p>Consultation will take place as part of the general consultation on the budget proposals:</p> <ul style="list-style-type: none"> • Specific public health on-line consultation • Discussions with partner organisations

Section 2: Expected Implications and Impact Assessment

(These sections will be updated and expanded following the consultation period.)

7.

What are the expected financial and legal implications?

This proposal would release £5,000 of savings in 2017/18 and a further £70,000 in 2018/19.

8.

What are the expected risks?

The potential risks and impacts associated with this proposal over the two years are:

- Individuals who are at risk of high blood pressure, heart disease or type 2 diabetes in whom these are undetected and go on to suffer these diseases in the future.
- This may potentially create pressure in the health and social care system in later years should illnesses develop and those affected require additional treatment and care through NHS and social care services.
- Restricting the offer to certain communities, geographies, numbers who can access may potentially create issues regarding demand and supply not matching each other i.e. demand exceeding availability and vice versa resulting in services not matching. The consequence of which is to increase the potential for unused capacity in some areas and oversubscribed capacity in others.
- Health inequalities across Torbay may widen.
- There will be a significant risk of the current providers of the health check service assessing the residual financial value as being unattractive. The result of which could be that the local authority could be left with no (or a very limited number of) practices willing to provide health checks in Torbay.
- There is an additional risk that demand may continue and the local authority is unable to restrict or control expenditure without restricting access.